

## ATIRA WOMEN'S RESOURCE SOCIETY **VOEDAUGUES** AN ART THERAPY GROUP FOR WOMEN WHO HAVE

EXPERIENCED SEXUAL ABUSE AND TRAUMA

Weaving Our Voices: An Art Therapy Group for Women who have Experienced Sexual Abuse and Trauma (based on the group created by Sharlene Friedman & Sharon Mayne Devine)

 DATE: Monday, February 6<sup>th</sup>, 2017 continuing every Monday for 16 weeks (except holidays)
TIME: 1:30pm-4:00pm
LOCATION: Downtown Vancouver

Topics will include recovering voices, identifying triggers, creating safety, learning boundaries, finding support in relationships and more.

Facilitator: Arin Clarke, Master's student in Counselling Psychology and Art Therapy

For more information and to join, please contact Arin: T: 604 331 1407 ext 117 E: stvstudent@atira.bc.ca